

READ - WONDER - PRACTICE - REMEMBER

Identity Anchor Family Study

Seven truths that hold when labels wobble



1 Corinthians 1:1-9 KJV

A family Bible adventure from [Blogging4Adventure](#)

Your Mission Briefing

BIG IDEA: What Jesus says about His people is stronger than any label.

Paul wrote to a real church in a noisy, status-conscious city. Before correcting their problems, he reminded them who God had made them in Christ. That order matters for families, too: identity received from Jesus shapes faithful choices.



READ

Read 1 Corinthians 1:1-9 aloud. Listen for words that describe what God does.

NOTICE

Circle repeated names for Jesus and underline every gift or action from God.

WONDER

Why would Paul begin with grace and identity before hard correction?

PRAY

Thank God that His faithfulness is steadier than feelings, praise, or pressure.

Passage Map

Read these anchor lines slowly. The wording below is from the King James Version.

1 Corinthians 1:2

"...to them that are sanctified in Christ Jesus, called to be saints..."

1 Corinthians 1:4

"I thank my God always on your behalf, for the grace of God which is given you by Jesus Christ;"

1 Corinthians 1:7

"So that ye come behind in no gift; waiting for the coming of our Lord Jesus Christ:"

1 Corinthians 1:8

"Who shall also confirm you unto the end, that ye may be blameless in the day of our Lord Jesus Christ."

1 Corinthians 1:9

"God is faithful, by whom ye were called unto the fellowship of his Son Jesus Christ our Lord."

Family observation

Which verbs show God acting? Which phrases describe the believers?

Seven Identity Anchors

These are not seven flattering slogans. Each truth is rooted in the passage and points back to God's action in Christ.

1. CALLED

God calls His people to belong to Him. (v. 2)

2. SANCTIFIED

In Christ, they are set apart for God. (v. 2)

3. GIVEN GRACE

Grace is received through Jesus, not earned. (v. 4)

4. ENRICHED

Christ supplies truth and speech for His purposes. (v. 5)

5. GIFTED

God does not leave His church empty-handed. (v. 7)

6. CONFIRMED

Jesus is able to establish His people to the end. (v. 8)

7. IN FELLOWSHIP

God calls believers into life with His Son. (v. 9)

ANCHOR QUESTION: Which truth do you most need when a label feels loud?

Labels Drift. God's Word Holds.



A label may describe one moment: smart, slow, popular, awkward, winning, failing. A Scripture-shaped identity tells the deeper truth about belonging to Christ. We do not deny mistakes or pretend feelings are unreal. We bring both underneath what God has said.

A LABEL SAYS

Your worth rises and falls with today's performance.

THE ANCHOR SAYS

Grace is given by Jesus, and God is faithful.

Try it together

- ☐ Name one label that can feel too powerful.
- ☐ Choose one of the seven truths that answers it.
- ☐ Say the truth aloud, then name one faithful next step.

Family Practice Lab

Read each moment. Do not rush to a cheerful slogan. Name the feeling, choose a passage truth, and decide what faithful action can follow.

MOMENT 1

A child is left out and thinks, 'Nobody wants me.'

Anchor: Called into fellowship with Jesus.
Next step: Pray, tell a trusted adult, and offer kindness without pretending the hurt is small.

MOMENT 2

A mistake on a test becomes, 'I am a failure.'

Anchor: Grace is given through Jesus.
Next step: Tell the truth, seek help, practice, and remember that performance is not lord.

MOMENT 3

Praise turns into, 'I have to stay impressive.'

Anchor: Every good gift comes from God.
Next step: Give thanks, stay teachable, and use the gift to serve.

MOMENT 4

A hard day whispers, 'God forgot me.'

Anchor: God is faithful and Jesus confirms His people.
Next step: Ask for help and keep the next faithful promise.

Create your own family moment

The Five-Minute Family Echo



Use this tiny rhythm at breakfast, bedtime, or in the car. Repeat it for one week so the truth becomes familiar enough to reach for under pressure.

1 - READ

Read one verse from 1 Corinthians 1:2-9.

2 - NOTICE

Name one thing God does in the verse.

3 - ANCHOR

Choose the identity truth the verse supports.

4 - ANSWER

Name one pressure and one faithful response.

5 - PRAY

Thank God for grace and faithfulness.

Keep it small enough to repeat. Formation grows through faithful return, not family-performance pressure.

Parent and Teacher Field Notes

This lesson teaches identity in Christ to readers who are hearing Paul's words to the church. Avoid turning every promise into a detached self-esteem statement. Keep Jesus, grace, the gathered people of God, and God's faithfulness in view.

WHEN A CHILD HURTS

Listen first. Identity truth should meet the real hurt, not silence it. Ask, 'What happened?' before asking, 'Which anchor helps?'

WHEN A CHILD SINS

Grace does not erase responsibility. Confession, repair, and a faithful next step can grow from secure belonging to Christ.

WHEN A CHILD SUCCEEDS

Celebrate the gift without making applause the anchor. Thank God and ask how the gift can serve others.

WHEN QUESTIONS COME

Return to the verse. Say what the text says, distinguish observation from inference, and admit what requires more study.

Helpful answers

God acts in the passage by calling, giving grace, enriching, confirming, and bringing believers into fellowship with Jesus. The repeated focus on Jesus keeps the lesson from becoming self-invention.

Safety note: A child who feels persistently worthless, unsafe, or hopeless needs attentive adult care, not a worksheet-only response.

Your Family Anchor Plan

Choose one truth for this week. Write it in your own words without changing its meaning, connect it to the verse, and decide how your family will practice remembering it.

Our anchor truth

The verse that holds it

The pressure or label it answers

Our faithful next step

WHEN WE WILL PRACTICE

Morning / meal / car / bedtime / other:

WHO WILL LEAD

Take turns so every family member can guide the echo.

Ariel's Closing Note



Dear adventurer, labels can feel loud, especially on days when something goes wrong. Keep returning to the passage. Jesus is not asking you to invent a better identity. He calls His people, gives grace, supplies gifts, and remains faithful. Let His truth be the anchor that helps you tell the truth, receive help, and take the next faithful step.

Written by Ariel

Use this study alongside the Identity Anchor Mission Workbook and the restored family lesson at [Blogging4Adventure](https://blogging4adventure.com).

GOD IS FAITHFUL - 1 CORINTHIANS 1:9

Family Notes

Keep questions, prayers, and small discoveries here. Return after a week and notice what became easier to remember.